



# BEMA

## CAFÉ

• Drobnera 38 • Tel. 71 322 02 12 •  
• Legnicka 56 • LBH Building by Magnolia Park • Tel. 71 786 40 66 •

### DRINKS

#### Coffee

espresso.....	6/8zł
cappuccino.....	9/11zł
latte.....	10/12zł
americano.....	7/9zł
americano with milk.....	8/10zł
drip V60 • aeropress.....	from 10zł
chemex.....	from 18zł

<b>Flavored latte</b> .....	12/14zł
/ hazelnut / vanilla / caramel / coconut / chocolate / honey-cinnamon /	

<b>Iced coffee with vanilla ice cream</b> .....	12/14zł
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<b>Flavored frappe</b> .....	12/14zł
/ hazelnut / vanilla / caramel / coconut / chocolate / honey-cinnamon /	

<b>Black tea</b> .....	8zł
with jam.....	9zł

<b>Flavored tea</b> .....	9zł
earl gray with cornflower and bergamot / rooibos with lemongrass / lemon peel and vanilla / green tea with gingers and pineapple / mixed red fruit / black tea with dried mango /	

<b>Iced tea</b> .....	11zł
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<b>Hot chocolate</b> .....	10zł
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<b>Hot chocolate with raspberries</b> .....	12zł
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<b>Iced chocolate with vanilla ice cream</b> .....	12zł
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<b>Cocktails</b> .....	13zł
/ chocolate-banana-espresso / forest fruit-raspberry / strawberry-raspberry-banana / lemon-vanilla ice cream /	

<b>Smoothies</b> .....	13zł
/ strawberry-raspberry-banana / forest fruit-raspberry / spinach-pineapple-banana / raspberry-spinach-banana /	

<b>Freshly squeezed juice</b> .....	12zł
/ orange / grapefruit / orange-grapefruit /	

#### Lemonade

lemon.....	8zł
grapefruit-mint.....	10zł
lemon-parsley.....	10zł

#### Regional beer

lager, ale, dark, wheat and other.....	from 8zł
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<b>Cider</b> .....	10zł
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#### Wine white and red

glass / carafe.....	6/18zł
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## BREAKFAST



Order a breakfast meal with a small cappuccino, latte or americano, and for the coffee you pay 6zł

<b>Croissant with Nutella or raspberry jam</b> .....	6zł
<b>Oatmeal</b> .....	9zł
(maple syrup, banana)	
<b>Homemade granola</b> .....	11zł
(yogurt, banana, dried fruit, honey)	
<b>Omelet</b> .....	9zł
(two eggs, mozzarella and toast)	

**Sweet omelet** .....12zł  
(two eggs, oatmeal, maple syrup, raspberry jam, banana, toast)

**Speciality omelets** .....13zł  
/ naturally smoked ham, cherry tomatoes and mozzarella  
/ mushrooms, mozzarella and sun-dried tomatoes /  
feta and spinach / salmon and mozzarella /

**Scrambled eggs with ham** .....12zł

**Scrambled eggs with salmon and chives on a bagel**.....13zł

**Scrambled eggs with ham and chives on a bagel**.....13zł

## LUNCH

### TOASTED OPEN FACED SANDWICHES

<b>Mushroom</b> .....	11zł
(mushrooms, sun-dried tomatoes, mozzarella and sauce)	
<b>Spring fresh</b> .....	11zł
(naturally smoked ham, tomato, rucola, mozzarella, sauce)	
<b>Hawaiian</b> .....	11zł
(naturally smoked ham, mozzarella, pineapple and sauce)	
<b>Goat cheese</b> .....	12zł
(Goat cheese, rucola, sun-dried tomatoes on sourdough rye bread)	

### SANDWICHES ON LIGHT OR DARK BREAD

<b>With ham and cheese</b> .....	10zł
(cheese, naturally smoked ham, tomato, cucumber, lettuce, sauce)	
<b>With ham</b> .....	11zł
(naturally smoked ham, tomato, cream cheese, rucola)	
<b>With salmon</b> .....	11zł
(salmon, cream cheese, cucumber, dill)	
<b>With pesto and mozzarella</b> .....	12zł
(pesto, mozzarella, tomato, basil)	
<b>With chicken</b> .....	13zł
(chicken, tomato, rucola, vinaigrette sauce)	



**Quiche of the Day with Salad**.....16zł

### BAGELS

<b>With tuna</b> .....	12zł
(tuna, cream cheese, rucola and sun-dried tomatoes)	
<b>With camembert and cranberries</b> .....	12zł
(camembert, cranberries, rucola, almonds)	
<b>With fried eggs and hummus</b> .....	13zł
(hummus, fried eggs, finely chopped olives, sun dried tomatoes, rucola)	
<b>With fried eggs and ham</b> .....	13zł
(fried egg, naturally smoked ham, tomato, rucola)	
<b>With black forest ham and finely chopped black olives</b> .....	13zł
(black forest ham, finely chopped black olives, mozzarella, tomatoes, rucola)	

### SALADS

<b>Chicken salad</b> .....	21zł
(mixed salad, chicken, mozzarella, cherry tomatoes, black olives, sunflower seeds, vinaigrette and toast)	
<b>Tuna salad</b> .....	21zł
(mixed salad, tuna, mozzarella, cherry tomatoes, black olives, sunflower seeds, vinaigrette and toast)	
<b>Camembert salad</b> .....	21zł
(mixed salad, camembert, grapes, cherry tomatoes, sunflower seeds, vinaigrette and toast)	
<b>Salmon salad</b> .....	23zł
(mixed salad, smoked salmon, an egg, sun dried tomatoes, cream cheese, black olives, pumpkin seeds, dill, vinaigrette and toast)	



**Soup of the day**.....10zł



# KIDS MENU

## BREAKFAST

• *includes a choice of milk or juice* •

<u>Ham &amp; cheese omelet</u>	9 zł
one egg, ham, mozzarella with one piece of toast	
<u>Sweet omelet</u>	9 zł
one egg, oatmeal, bananas and maple syrup with one piece of toast	
<u>Oatmeal</u>	7 zł
with bananas and maple syrup	
<u>Cream of wheat</u>	7 zł
with raspberry jam	
<u>Granola</u>	8 zł
with yogurt and bananas	

## LUNCH

• *includes a choice of milk or juice and a piece of fruit* •

<u>Toast</u>	11 zł
with cheese, ham and cucumber	
<u>Sandwich</u>	11 zł
with cream cheese, ham, cucumber and tomatoes	

## DESSERT

<u>Pastel de Nata</u>	6 zł
<u>Oatmeal cookie</u>	4 zł
<u>Chocolate cookie</u>	4 zł

## DRINKS

<u>Hot cocoa</u>	6 zł
<u>Flavored milk (warm or cold)</u>	6 zł
<u>Cocktails</u>	6 zł
chocolate & banana, strawberry & banana, raspberry & banana	